

PRESENTS

# PROPRIETARY TRAINING



## PIVOTBOSS SQUAT BARS

with Frank Ochoa, AKA *PivotBoss*Author, *Secrets of a Pivot Boss* 



# SQUAT: INTRODUCTION

PivotBoss Squat signals offer a powerful approach to finding opportunities that are at significant turning points in the chart, with many of the signals coming within 1-3 bars of a strong top or bottom. Squat Bars tend to fuel the forthcoming move.

### SQUALBARS

- 1. Perfect for all traders from scalpers to active investors, and works on all instruments with good volume data
- **2. Scalable to all timeframes** signals are developed for all timeframes, but the higher the timeframe, the more significant the energybuilding phase
- 3. Great tool for all market personalities from finding reversal candidates at trading range extremes to finding pullback candidates in trending markets

### IDENTIFYING SQUAT BARS

### +VOLUME & -MFI = SQUAT

- 1. +VOLUME a Squat Bar has more volume than the previous session
- 2. -MFI A Squat Bar has a lower MFI (Market Facilitation Index) than the previous session
- 3. MFI Market Facilitation Index = Range / Volume

#### **ADDITIONAL CONSIDERATIONS**

BUY SIGNAL

SELL SIGNAL

- 2. HIGH < MID[1]
- 3. CLOSE > MID
- 1. RANGE < AVG RANGE 1. RANGE < AVG RANGE
  - 2. LOW > MID[1]
  - 3. CLOSE < MID



## NOT SQUAI: INTRODUCTI

PivotBoss Not Squat signals reveal when the market has begun to move, or is continuing an existing move. These Not Squat Bars (commonly referred to as "Green" bars) signal the beginning of a move that is picking up steam with directional bias.

### NOT SQUAT BARS

- 1. Perfect for all traders from scalpers to active investors, and works on all instruments with good volume data
- **2. Scalable to all timeframes** signals are developed for all timeframes, but the higher the timeframe, the more significant the energybuilding phase
- 3. Great tool for all market personalities from finding reversal candidates at trading range extremes to finding pullback candidates in trending markets

## IDENTIFYING NOT SQUAT BAF

### **+VOLUME & +MFI = NOT SQUAT**

- 1. +VOLUME a Not Squat Bar has more volume than the previous session
- 2. +MFI A Not Squat Bar has a higher MFI (Market Facilitation Index) than the previous session
- 3. MFI Market Facilitation Index = Range / Volume

#### **ADDITIONAL CONSIDERATIONS**

BUY SIGNAL

SELL SIGNAL

- 1. RANGE > AVG RANGE 1. RANGE > AVG RANGE
- 2. CLOSE > OPEN
- 2. CLOSE < OPEN

3. CLOSE > MID

3. CLOSE < MID